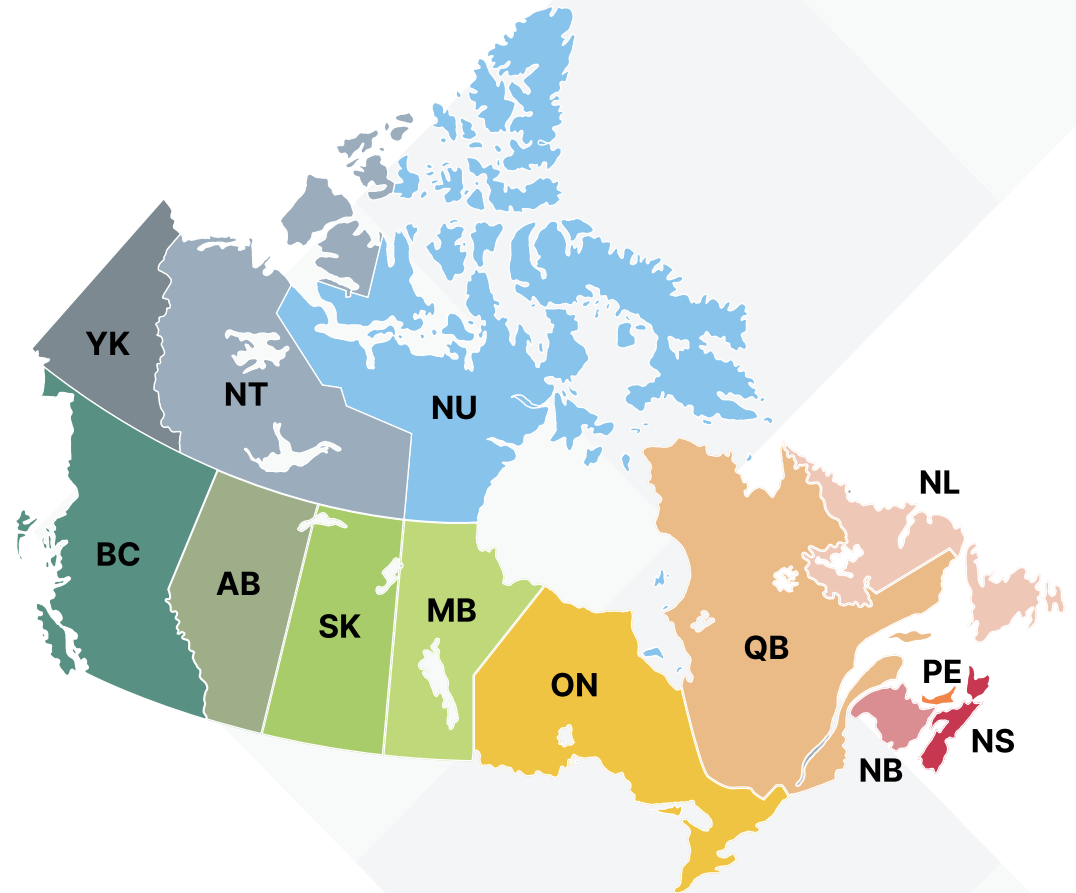


Occupational health and safety legislation and regulations in Canada

Occupational health and safety regulations are essential for creating safe working environments, particularly for at-risk and lone workers. In Canada, safety regulations change from province to province, each set according to that area's specific needs and challenges. Employers must not only keep their workplaces safe but also comply with the particular rules of their region.

This infographic offers a snapshot of the varied landscape of worker safety standards across Canada, highlighting the importance of understanding and complying with regional regulations to ensure the safety and well-being of all workers, especially those at risk or working alone.



Click on the provinces to learn more

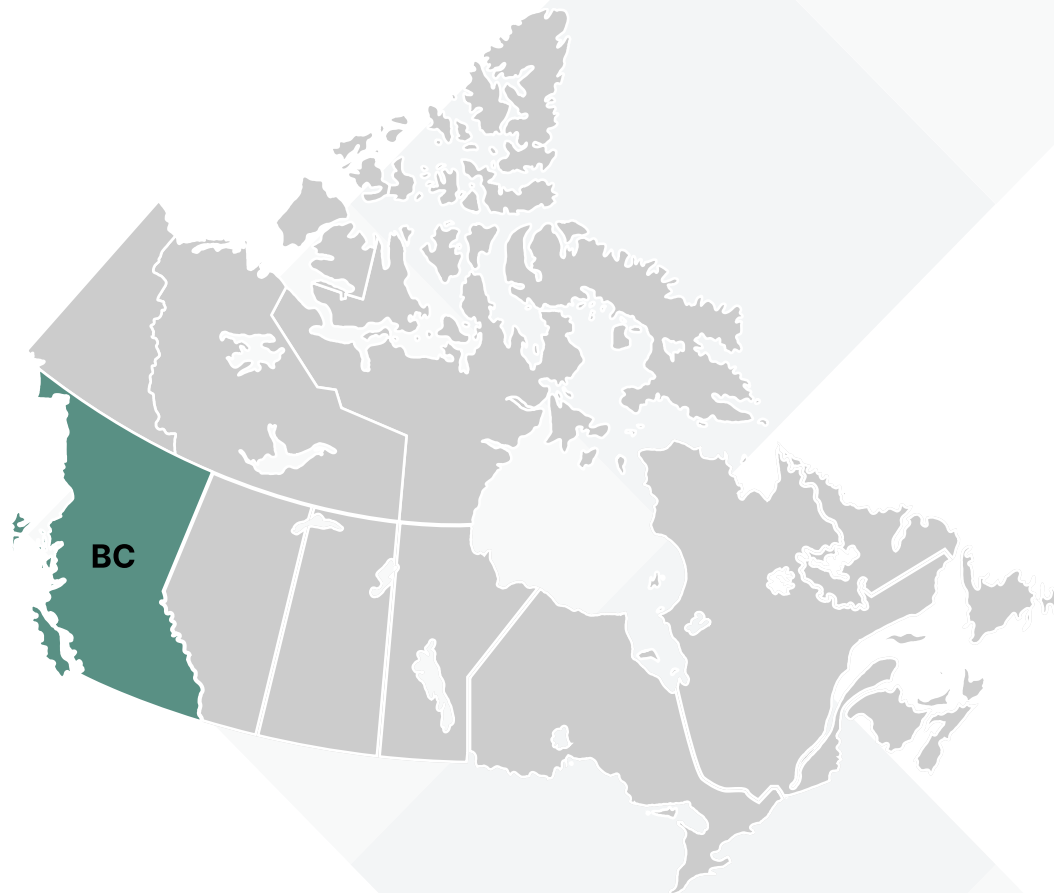


British Columbia

What employers need to know

Employers must follow the BC Occupational Health and Safety Regulations (OHSR), specifically Sections 4.20 to 4.23 about working alone or in isolation. This includes:

- Performing a hazard assessment and reducing risks as much as possible before work starts
- Creating detailed written procedures for regular checks on lone workers' well-being, in collaboration with worker health and safety representatives, and including emergency plans
- Training workers and those responsible for well-being checks on these procedures
- Reviewing these procedures at least once a year, or more often if the work environment changes or if there are issues with the current procedures





British Columbia

Where to find information

- [BC Occupational Health and Safety Regulations \(OHSR\)](#)
- [WorkSafeBC.com](#)

How we help

Using safety technology like [SafetyAware](#), check-ins and escalation plans are automated, and a 24/7 monitor agent is always ready to assist.

Our solution includes multiple ways to communicate, such as a smartphone app, wearables, and satellite devices. It also allows employers to quickly update their lone worker check-in schedule and emergency procedures, ensuring compliance and safety.





Yukon

What employers need to know

In the Yukon, employers must adhere to the Canada Occupational Health and Safety Act (OHS Act).

Where to find information

[Canada Occupational Health and Safety Act \(OHS Act\)](#)

How we help

Our lone worker safety solutions assist employers, managers, and supervisors in adhering to the Occupational Health & Safety Act, ensuring a healthy and safe workplace for their workers.





Alberta

What employers need to know

In Alberta, working alone is classified as a hazard, depending on the job's nature. Employers in Alberta are required to:

- Perform hazard assessments to identify and address any existing or potential risks related to work conditions
- Ensure lone workers have reliable means of communication, like radios, phones, or electronic devices, to stay in touch with employers or a designated contact person. If electronic communication isn't feasible, the employer or their designate should physically check in with the worker or have the worker initiate contact
- Arrange for regular check-ins with workers

Where to find information

- [OHS Information: Working alone](#)
- alberta.ca





Alberta

How we help

Our solutions help Alberta employers meet local safety regulations by enhancing lone worker safety with an app-based communication system for regular and emergency check-ins, complemented by a wearable SOS button.

Additionally, [SafetyAware](#) automates alerts for missed check-ins, with a dedicated team at the response center assessing and escalating situations, ensuring prompt and appropriate responses.

Explore our real-world impact in Alberta through our case study:

- Healthcare provider The Alex uses Aware360's SafetyAware to keep their field teams safe and boost employee productivity. [Learn more](#)





Northwest Territories and Nunavut



What employers need to know

In the Northwest Territories and Nunavut, the Codes of Practice for Working Alone require employers to:

- Perform hazard assessments to find and address any risks related to work conditions
- Create and regularly update safe work procedures

Where to find information

- [Codes of Practice for Working Alone](#)
- [Workers' Safety and Compensation Commission website](#)

How we help

Aware360 provides the tools to effectively conduct hazard assessments, both proactively at an organizational level and day-to-day by lone workers. Additionally, we support companies in efforts to keep their safety processes current and clear.





Saskatchewan

What employers need to know

Under the Saskatchewan Occupational Health and Safety Act (OHS Act), employers need to:

- Carry out hazard assessments to spot existing or potential work-related risks and take steps to reduce these risks
- Ensure lone workers have reliable communication methods, like radios, phones, or other electronic devices
- Regularly check in with workers, set limits on certain tasks, define minimum training requirements, provide necessary personal protective equipment (PPE), establish safe work practices and procedures, and give access to emergency supplies for extreme weather conditions during travel
- Ensure that workers in remote or isolated areas have access to two blankets, a stretcher, and splints for arms and legs





Saskatchewan

Where to find information

- [Occupational Health and Safety Act \(OHS Act\)](#)

How we help

Our solution, [SafetyAware](#), helps employers comply with the Saskatchewan Occupational Health and Safety Act by ensuring lone workers have dependable communication devices and streamlining regular worker check-ins.





Manitoba

What employers need to know

Employers are required to:

- Ensure workers have safe equipment and tools, and provide training on their safe use
- Provide enough supervision to keep an eye on the worker's safety, health, and welfare
- Identify and address risks in the work environment
- Create a plan for working alone, in collaboration with the worker, safety, and health committee, or representatives if there's no committee
- Work with officers enforcing the Workplace Safety and Health Act and Regulation





Manitoba

Where to find information

- [Manitoba Code of Practice for Workers Working Alone or in Isolation](#)
- [Manitoba.ca](#)
- [SafeManitoba.com](#)

How we help

Our real-time monitoring system offers ongoing supervision to protect workers and ensure effective communication with enforcement officers and key stakeholders.





Ontario

What employers need to know

In Ontario, employers must adhere to the Canada Occupational Health and Safety Act (OHS Act).

Where to find information

The [Occupational Health and Safety Act \(OHS Act\)](#)

How we help

Our lone worker safety solutions assist employers, managers, and supervisors in adhering to the “do everything that is reasonable under the circumstances” regulations (Occupational Health & Safety Act), ensuring a healthy and safe workplace for their workers.





Quebec

What employers need to know

Basic regulations for workplace safety are specified in the Occupational Health and Safety Act (OHS Act).

Where to find information

Section 322 of the Occupational Health and Safety Act (OHS Act). Available in both [French](#) and [English](#)

How we help

To comply with Quebec's regulations, workers need efficient surveillance methods—either continuous or intermittent. While manual check-in phone calls suffice for continuous surveillance, our software-based solution, [SafetyAware](#), enables real-time protection for lone workers.





Newfoundland and Labrador



What employers need to know

Under Newfoundland and Labrador's Occupational Health and Safety Act (OHS Act), specifically Section 15, employers are obligated to:

- Carry out a risk assessment and act to eliminate or minimize hazards
- Work with the Occupational Health and Safety (OHS) Committee, safety representatives, or a designated contact to create and implement procedures for regular check-ins on lone workers. These procedures should include steps to take if a worker does not respond
- Review these procedures at least once a year, or more often if the work environment changes or if there are issues with the current procedures
- Ensure that lone workers have a valid emergency first aid certificate, when feasible or as required by an OHS officer





Newfoundland and Labrador



Where to find information

- [Newfoundland and Labrador's Occupational Health and Safety Act \(OHS Act\)](#)
- [OHSGuide.WorkplaceNL.ca](https://www.ohsguide.ca/WorkplaceNL.ca)
- [Gov.NL.ca](https://www.gov.nl.ca)

How we help

Our solutions help employers in Newfoundland and Labrador meet safety regulations by providing dependable communication systems for lone workers and streamlined check-in processes, ensuring a straightforward approach to meeting local regulatory requirements.





New Brunswick



What employers need to know

Employers are required to:

- Create a code of practice for employees working alone. This code must include certain elements listed in the NB Occupational Health and Safety Guide
- Train lone workers and their supervisors in working alone procedures
- Supply all materials and equipment required by the code of practice
- Ensure the code is actively followed and review and update it as needed





New Brunswick



Where to find information

- [New Brunswick's Occupational Health and Safety Act \(OHS Act\)](#)
- [NB Occupational Health and Safety Guide](#)

How we help

Our solutions are crafted to assist employers in ensuring these legal requirements, providing effective tools and services to maintain the safety and supervision of lone workers in line with New Brunswick's regulations.





Prince Edward Island

What employers need to know

Under the Prince Edward Island Occupational Health and Safety Act, specifically Sections 9.7(3) and 53, employers are required to:

- Create a code of practice for employees working alone. This code must include certain elements outlined in the PE Occupational Health and Safety Guide
- Provide training for lone workers and their supervisors on the procedures for working alone
- Ensure that the written procedures are accessible for an OHS officer when requested





Prince Edward Island



Where to find information

- [Prince Edward Island Occupational Health and Safety Act](#)
- [PE Occupational Health and Safety Guide](#)

How we help

Along with meeting general duty-of-care requirements, Aware360 helps companies in Prince Edward Island design, launch, and update their work alone procedures with our SafetyAware solution.





Nova Scotia

What employers need to know

In Nova Scotia, employers must adhere to the Canada Occupational Health and Safety Act (OHS Act).

Where to find information

- Further information available in the NS Occupational Health and Safety Division [lone worker guide](#)
- More information on NS OHSA is available at [NovaScotia.ca](https://www.novascotia.ca)

How we help

Our lone worker safety solutions assist employers, managers, and supervisors in adhering to the “do everything that is reasonable under the circumstances” regulations (Occupational Health & Safety Act), ensuring a healthy and safe workplace for their workers.





When it comes to safety, employers face the dual task of keeping their workplaces safe and keeping up with their province's specific safety rules. This is crucial for protecting all workers, particularly those at risk or working alone, where innovative lone worker safety solutions, connected devices, and communication systems play a key role in ensuring their safety.

A safe workplace is everyone's responsibility, so explore [Aware360's](#) comprehensive lone worker safety solutions and help us uphold health and safety standards throughout Canada. [Book a meeting](#) to ensure the safety of your workers today!